



## 1. Time flies

**Meaning:** This phrase indicates that time seems to pass very quickly, especially when you're busy or having fun.

**Example:** It feels like just yesterday you started school, but now you're graduating—time flies!

## 2. Cat got your tongue

**Meaning:** This expression is used when someone is unusually quiet or lost for words.

**Example:** You've been silent ever since the meeting started; what's the matter, cat got your tongue?

## 3. Ace up your sleeve

**Meaning:** To have a hidden advantage or secret strategy that you can use when needed.

**Example:** I'm sure he'll win the game; he always has an ace up his sleeve.

## 4. Don't put all your eggs in one basket

**Meaning:** Don't risk everything on a single plan or investment; it's better to diversify.

**Example:** You shouldn't invest all your money in one stock—don't put all your eggs in one basket.

## 5. Wear your heart on your sleeve

**Meaning:** To openly show your emotions and feelings, without hiding them.

**Example:** She's not afraid to wear her heart on her sleeve, so you always know how she feels.

## 6. Kick the bucket

**Meaning:** A humorous or euphemistic way to say that someone has died.

**Example:** After years of adventure, the old explorer finally kicked the bucket.

## 7. Behind every man is a good woman

**Meaning:** Suggests that a successful man often has a supportive woman who contributes to his achievements.

**Example:** He may be the CEO, but behind every man is a good woman who helped him get there.

## 8. Spill the beans

**Meaning:** To reveal a secret or disclose confidential information.

**Example:** Don't spill the beans about the surprise party to anyone!

## 9. Everything handed to you on a silver platter

**Meaning:** To receive something easily or without effort, usually due to privilege or luck.

**Example:** Unlike her, he had to work hard for his success; nothing was handed to him on a silver platter.

## 10. Walking on eggshells

**Meaning:** To be very cautious around someone or a situation to avoid upsetting them.

**Example:** Ever since the argument, I've been walking on eggshells around him.

## 11. Screw loose

**Meaning:** Refers to someone acting strangely, suggesting they might be slightly crazy or irrational.

**Example:** She wants to swim in the icy lake in winter—she must have a screw loose!

## 12. Born with a silver spoon in your mouth

**Meaning:** To be born into a wealthy family and enjoy privileges from birth.

**Example:** He never had to worry about money since he was born with a silver spoon in his mouth.

## 13. In a nutshell

**Meaning:** To summarize something concisely, giving only the main points.

**Example:** In a nutshell, the project was a success despite the initial setbacks.

## 14. Tie the knot

**Meaning:** A colloquial way of saying “to get married.”

**Example:** After dating for five years, they decided to tie the knot next summer.

## 15. Cold feet

**Meaning:** To suddenly feel nervous about a big decision, often before a wedding.

**Example:** He got cold feet the night before the wedding and started to doubt if he was ready.

## 16. By the tail

**Meaning:** To be in control of a situation, especially one that's tricky or unpredictable.

**Example:** He has the market by the tail with his innovative business strategy.

## 17. Rags to riches

**Meaning:** A situation where someone rises from poverty to wealth or success.

**Example:** Her journey from a small-town waitress to a millionaire entrepreneur is a true rags-to-riches story.

## 18. Red herring

**Meaning:** Something that misleads or distracts from the real issue.

**Example:** The detective thought the suspect's alibi was a red herring meant to divert attention from the real culprit.

## 19. Keep your cards close to your chest

**Meaning:** To be secretive about your plans to maintain an advantage.

**Example:** During negotiations, it's wise to keep your cards close to your chest.

## 20. Birdbrain

**Meaning:** A playful term for someone who is not very intelligent.

**Example:** He forgot his keys again—what a birdbrain!

## 21. In one ear and out the other

**Meaning:** When someone doesn't retain information they've heard.

**Example:** I've told him a dozen times, but it just goes in one ear and out the other.

## 22. Best foot forward

**Meaning:** To put your best effort into something to make a good impression.

**Example:** It's her first day on the job, so she's determined to put her best foot forward.

## 23. Big cheese

**Meaning:** An important or influential person, often in an organization.

**Example:** He's the big cheese around here, so you'll need his approval before making changes.

## 24. Shoe on the other foot

**Meaning:** To be in the opposite situation, suggesting a reversal of roles.

**Example:** Now that the shoe is on the other foot, he understands how difficult it is to manage a team.

## 25. Skinny as a rail

**Meaning:** To describe someone who is extremely thin.

**Example:** After being sick for a month, he was as skinny as a rail.

## 26. Follow your nose

**Meaning:** To trust your instincts to guide you.

**Example:** If you get lost in the city, just follow your nose, and you'll eventually find your way back.

## 27. A piece of cake

**Meaning:** Something that is very easy to do.

**Example:** The test was a piece of cake; I finished it in 20 minutes.

## 28. Like a fish out of water

**Meaning:** To feel uncomfortable, awkward, or out of place in a particular situation.

**Example:** She felt like a fish out of water at the tech conference since she knew nothing about programming.

## 29. As the crow flies

**Meaning:** The shortest, most direct path between two places, usually used to describe distance.

**Example:** The town is 10 miles away as the crow flies, but the road winds for 15 miles.

### 30. Not enough room to swing a cat

**Meaning:** A very cramped or confined space.

**Example:** Their apartment was so small, there wasn't enough room to swing a cat.

### 31. Bald as a coot

**Meaning:** Completely bald.

**Example:** He's bald as a coot now, though he had a full head of hair in his youth.

### 32. Can't bake a cake without cracking some eggs

**Meaning:** Some sacrifices or efforts are necessary to achieve a goal.

**Example:** Implementing new policies might be unpopular, but you can't bake a cake without cracking some eggs.

### 33. Grabbing a cat by its tail

**Meaning:** To do something risky or take on a difficult challenge.

**Example:** Trying to negotiate with that stubborn manager is like grabbing a cat by its tail.

### 34. You can't have your cake and eat it

**Meaning:** You can't enjoy two mutually exclusive things at once.

**Example:** He wants the benefits of a job without working hard, but you can't have your cake and eat it.

### 35. An ear full of worms

**Meaning:** Hearing something unpleasant or bothersome.

**Example:** His complaints about the noise were like an ear full of worms.

## 36. Kick it down the road

**Meaning:** To delay dealing with an issue.

**Example:** They decided to kick it down the road and postpone the budget discussion until next month.

## 37. Dumb waiter

**Meaning:** A small elevator used for transporting food or dishes between floors.

**Example:** The restaurant uses a dumb waiter to send meals to the upper dining area.

## 38. Nail on the head

**Meaning:** To describe something accurately or get something exactly right.

**Example:** She hit the nail on the head with her analysis of the market trends.

## 39. Cherry on the cake

**Meaning:** An additional benefit or bonus that makes a good situation even better.

**Example:** Getting a promotion was great, but the extra vacation days were the cherry on the cake.

## 40. Twist around one's fingers

**Meaning:** To easily manipulate or control someone.

**Example:** He was so charming that he could twist everyone around his fingers.

## 41. The wings of time

**Meaning:** The swift passage of time.

**Example:** On the wings of time, the years flew by before they knew it.

## 42. Tie a knot in it / A knotty problem

**Meaning:** Solve a difficult problem or situation.

**Example:** Resolving the conflict was a knotty problem that took weeks.

## 43. A little fishy

**Meaning:** Something seems suspicious or not quite right.

**Example:** His explanation of the missing funds sounded a little fishy.

## 44. The joker in the pack

**Meaning:** An unpredictable or surprising factor.

**Example:** In the election, the independent candidate turned out to be the joker in the pack.

## 45. Nosey

**Meaning:** Someone who is overly curious or prying.

**Example:** She's so nosey, always asking about everyone's personal business.

## 46. The cat's whiskers

**Meaning:** The best or most excellent person or thing.

**Example:** She thinks she's the cat's whiskers after winning that award.

## 47. Land on your feet

**Meaning:** To recover well from a difficult situation or have good luck.

**Example:** Despite the layoffs, he managed to land on his feet with a new job.

## 48. All knees and elbows

**Meaning:** Awkward or clumsy, especially in movement.

**Example:** The teenager, all knees and elbows, stumbled as he grew into his body.

## 49. Pull your socks up

**Meaning:** To improve performance or put in more effort.

**Example:** If you want that promotion, you'll need to pull your socks up at work.

## 50. A stitch in time

**Meaning:** Taking care of a problem early to prevent it from getting worse.

**Example:** Fixing that leak now is a stitch in time that will save you money later.

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